

## Find out More about Adult Family Care

Get in touch with LifePath if you are interested in:

- Becoming an Adult Family Care host family or individual caregiver
- Becoming an Adult Family Care member
- Referring someone to the Adult Family Care program

Adult Family Care is a member of the Massachusetts Council for Adult Foster Care and a provider for the Massachusetts Department for Medical Assistance.



At LifePath, we listen first, and then help each person find the best options for their unique needs. We help elders and persons with disabilities maintain independence and quality of life in their own homes and communities. We help caregivers to find relief and help loved ones to choose the right path.

For over 40 years, we've been offering options for independence. We welcome all people regardless of race, physical appearance or ability, sex, age, nationality or ancestry, class, religious or political beliefs, marital status, sexual orientation, or gender identity.

LifePath, a private, nonprofit corporation, serves Franklin County plus Athol, Petersham, Phillipston, and Royalston. Some of LifePath programs extend into Berkshire, Hampden, Hampshire and Worcester counties.

LifePath, Inc., is an Area Agency on Aging and Aging Services Access Point funded in part by the federal Older Americans Act, Executive Office of Elder Affairs, Massachusetts Council on Aging, MassHealth Office of Long-Term Care, United Way of Franklin County, and other sources both public and private. LifePath is operated by a local volunteer board of directors, a majority of whom are, by law, elders. As an AA/EOE employer, LifePath does not discriminate in program admissions, access, services, or employment practices.

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## Adult Family Care Program

*Providing care and support in a home environment for individuals age 16 and older*

**A Service of LifePath, Inc.**

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Formerly Franklin County  
Home Care Corporation



## Benefits for the Member

- The Adult Family Care Program is available for those who need assistance with personal care and want to live in the community with a host family rather than in a nursing home or other institutional setting.
- A host family provides a private room, meals, and assistance with activities such as dressing, bathing, medication management, and transportation to medical appointments, depending on a member's particular needs.
- Being part of a host family's household gives members an opportunity to socialize, participate in family activities, and stay connected to their community.

### Eligibility Criteria:

A member must be an elder or a person with a disability over the age of 16 with daily personal or medical care needs.



## Benefits for Host Families

### Host Families:

- Work in their own home
- Enrich their own lives while enhancing the life of another
- Work together with a professional nurse and social worker on a member's individualized care plan

Host families can include the member's own family (excluding spouse, parent of a minor, or guardian) or an individual wanting to enhance their life by caring for a person in need.

Anyone who has extra room and the ability to provide a caring, safe environment and personal-care assistance may be eligible.

Host families can enhance their income with a tax-exempt stipend.

## Support for the Member and the Host Family

- Adult Family Care nurses and social workers provide initial and ongoing training.
- Regular monthly visits provide continued member assessment and caregiver support.
- Staff members are always available to assist host families, caregivers, and members through LifePath's on-call system.

### Methods of Payment:

- MassHealth or MassHealth waiver program
- Spend-down/deductible
- Private payment

*"I love the support I get from AFC. It's a fantastic program. In any situation, I feel like I have this support team that's there for me anytime."*

