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A publication of

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THE GOOD LIFE

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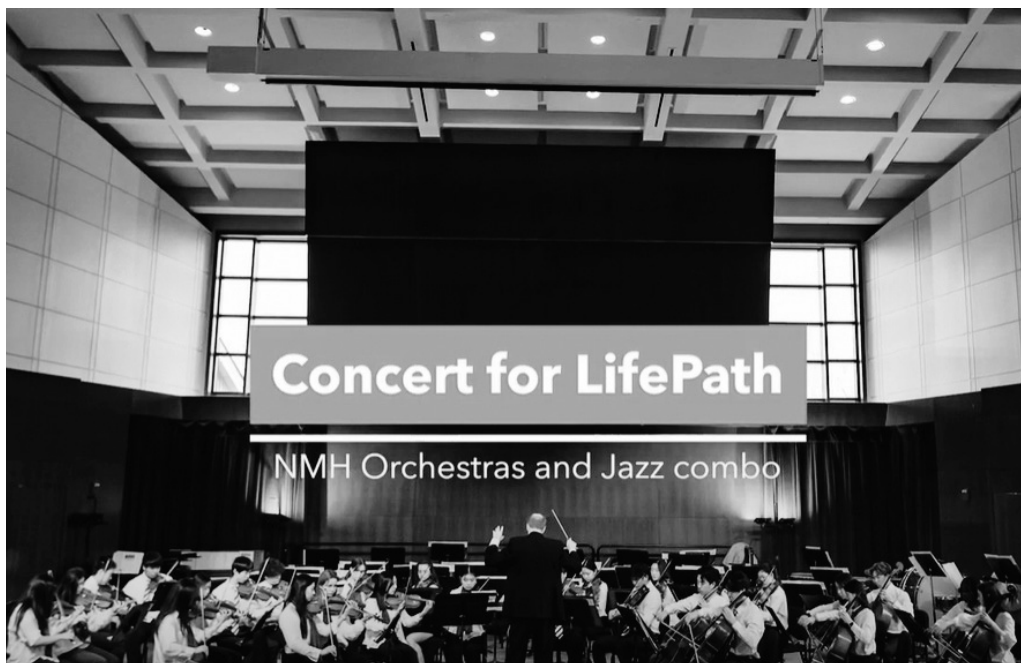
Take Flight at Northfield Mount Hermon's Free Concert, While Supporting Meals on Wheels!

For the twentieth year, the Northfield Mount Hermon Instrumental Ensembles will again host a benefit concert for LifePath's Meals on Wheels program. The concert is scheduled for **Sunday, February 18th, at 3 p.m.**, on the beautiful Northfield Mount Hermon campus in the Rhodes Arts Center, at 1 Lamplighter Way, Gill, MA. The concert is free and open to the public, and all ages are welcome. Donations will go directly to LifePath, and may be given at the venue, or online by scanning this QR code:



From the Concert Band and Orchestra, musical selections will include: **Flight of the Flutes** by James D. Ployhar, **Little English Suite** by Clare Grundman, **America** from West Side Story, Sir Edward Elgar's **Serenade for Strings**, and **The Girl with the Flaxen Hair** by Claude Debussy.

There will be an intermission with refreshments (tea and homemade cookies), and then the Jazz Ensembles will be performing **Lil Darlin** and **Shiny Stockings** by Count Basie, a vocal rendition of **Fly Me to the Moon** by Frank Sinatra, and **Can't Take My Eyes Off of You** by Frankie Valli.



Steve Bathory-Peeler, Orchestra and Band Concert Director, when asked why he does this for LifePath each year, said, "We love opening up our school to the greater Franklin County community and showing elders in the area that we appreciate them." We are so grateful to Steve; Ron Smith, Director of Music Programs; and the instrumental staff and students for continuing to make the needs of LifePath a priority with this benefit concert. Thank you to the Northfield Mount Hermon community and donors who support LifePath in so many ways!



On Monday, January 29, LifePath was visited by Judy and Steve Dacyczyn. Judy and Steve are both former Exalted Rulers at the Montague Lodge of Elks #2521, and they know how important the nutritious meals and wellness checks from LifePath's Meals on Wheels program can be to those in their community. Through a competitive grant writing process, Steve was able to secure a \$1,000 grant to support Meals on Wheels in the Montague and Turners Falls communities. Thank you to Judy, Steve, The Benevolent and Protective Order of Elks, and local Elks Lodge #2521.

Free Screening of *The Great Disconnect*

LifePath is proud to be a co-sponsor of a screening of *The Great Disconnect* on Wednesday, February 14, at 3 PM at Greenfield Community College!

This timely documentary invites us to reflect on the relationships we have with those around us and raises the question: Is it possible to overcome our modern culture of disconnectedness and rediscover how truly essential we are to one other? The documentary will be followed by a discussion. It is free and open to the public, but seating is limited and RSVP is required (RSVP also required for the online participation link): <https://www.gcc.mass.edu/events/the-great-disconnect/>



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