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THE GOOD LIFE

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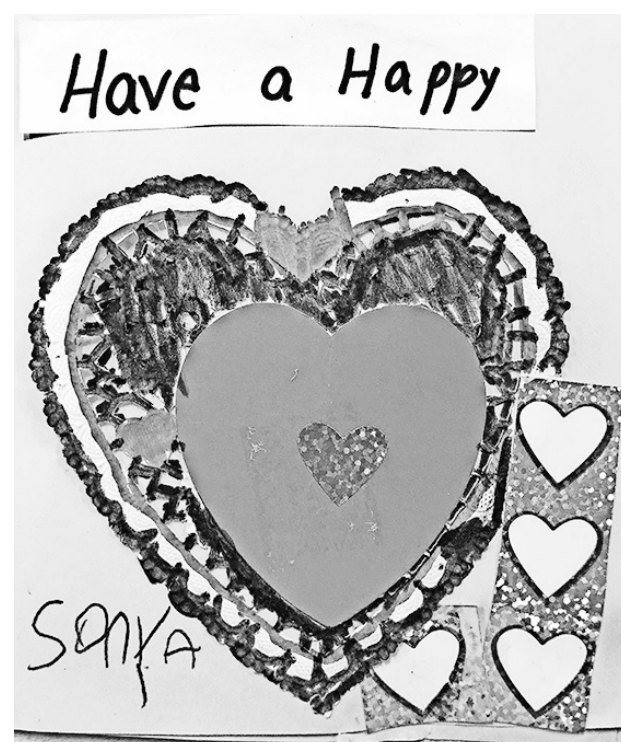
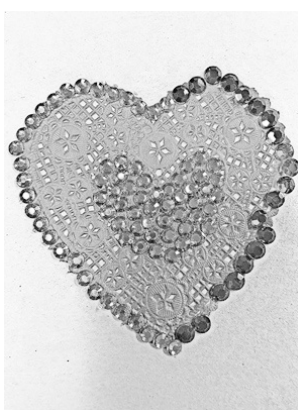
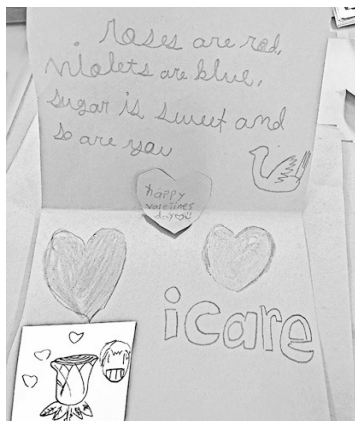
Children and Elders Create Handmade Valentine's Cards for Meals on Wheels Recipients

Children from Buckland Shelburne Elementary School, Northfield Elementary School, Petersham Montessori School, Shutesbury Elementary, Four Corners School, The Learning Knoll, and Petersham Center School, along with residents of the assisted living community Arbors at Greenfield, created more than 500 beautiful cards for delivery to LifePath Meals on Wheels recipients on Valentine's Day.

Charlie Cornish, LifePath's Home Delivered Meals Kitchen Manager, hears and sees the Valentine buzz first-hand. His center of operations is where the Meals on Wheels meals are prepared, packed, and the volunteer drivers collect the cards for delivery. "The staff 'ooh and ahh' as they match a card with a meal. Volunteer drivers enjoy spreading Valentine cheer, and we love hearing their stories when they come back to the kitchen after completing their routes. The feel-good rating is exponential," says Cornish, who shares his appreciation for the groups that take the time to be thoughtful and creative, especially since he used to work in schools. "Knowing what goes into these

kinds of community projects—it warms my heart. Thanks to everyone who put in the effort for the people we serve."

If you or someone you know lives in Franklin County or the North Quabbin region, is age 60 and older, and would benefit from receiving a hot noontime meal, please call LifePath at 413-773-5555.



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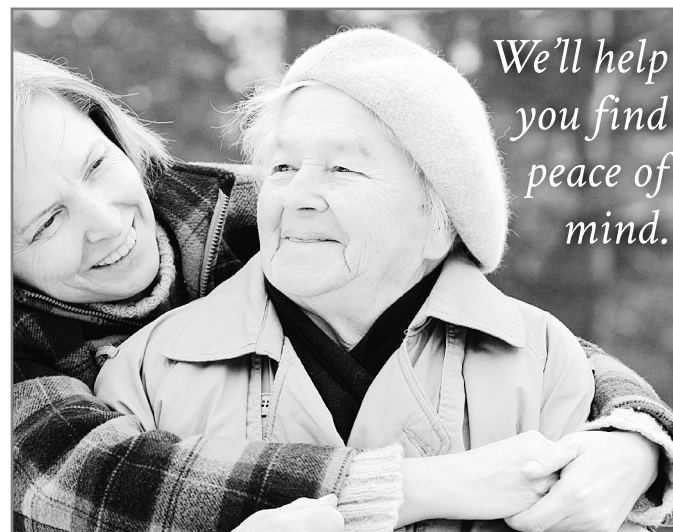
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