

Positively Impacting the Lives of Those We Serve

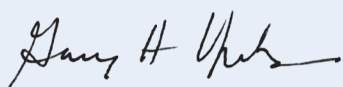
Joining the LifePath team earlier this year was an emotional time for me. I was energized. I was curious. I was also uncertain. Being new at any organization engenders a certain amount of trepidation, especially because of LifePath's deep-rooted community connections. In addition, LifePath's commitment to advocate for, and provide services to, underserved populations in our region is a long, rich story that combines an attitude of service with professionally trained individuals, resulting in tangible improvements in people's lives. I was excited to bring my talents to this team and further strengthen LifePath going forward.

My apprehension quickly dissolved as I met and got to know team members, volunteers, the board of directors, and numerous community partners. The common thread through these groups is a palpable desire to positively impact the lives of those we serve.

LifePath serves over 5,000 individuals a year through our 125 staff members and the additional support of 250 volunteers.

I feel fortunate to have joined LifePath. Advancing our programming, enhancing our financial position, nurturing community connections, and continuing to serve those who need us, is my own deep-rooted commitment.

If you are not yet part of this journey, I invite you to join us, and I extend warm and sincere appreciation to the capable and committed individuals I get to work alongside every day.



Gary Yuhas
Executive Director, LifePath



Fun bubbling up at the Housing and Home Share booth at LifePath's 31st Annual Walkathon!

"I used some of the tools you suggested when I was with my mother and I could not believe the difference it made. I felt like we were working together versus me just taking care of my mother, and I think she enjoyed our time together as well. It was lovely."

— Elder Mental Health Outreach Team Client

“Carol was knowledgeable about every aspect of signing up for Medicare. What a gem she is! She was also very courteous and changed direction when I asked questions. My anxiety about the process is gone because I know I can call Carol if snags present themselves. [SHINE] is an invaluable service. Thank you!” —SHINE Client

Board of Directors

Mary Giannetti,
President
Joan M. Bernstein,
Vice President
James Geisman,
Treasurer
Judith Fonsh,
Secretary
Prudence Blond
Rachel Broudy
Elizabeth Davis
Michelle DeLisio
Henry J. East-Trou
Nancy Maynard
Sonnya Peters
Mari Rovang
Annette Szpila
Peter Wingate

Citizens Advisory Board

Marvin Kelley,
President
Clyde Perkins,
Vice President
Teresa Allen
Nicole Graves
Marv Kelley
Claire Lynde
Clyde Perkins
Lynn Shaw
June Wilcox
View the [full list](#)
of boards and
committees online.

Sanderson Place Opens



Sanderson Place residents (and their dogs) socializing.

Everyone needs a soft and safe place to land. A comforting environment to call home. This is the embodiment of Sanderson Place apartments. Sanderson Place is an affordable senior housing complex in Sunderland, located in a beautiful setting, near the local library and senior center. This partnership with Franklin County Regional Housing and Redevelopment Authority draws residents from near and far. Each resident has their own story, and many moved into their new apartment after immense life changes, a loss of family or partner, a move after unstable housing, or after calling another place home for decades. Some arrived with stronger support systems than others and new friends have started to become chosen family, providing support to one another.

After years of effort and immense support from a wide variety of entities, Sanderson Place move-ins started in January. For many, the move happened when they needed a safe landing the most. A rocky road often leads to beautiful sights and strong people. Learn more about Sanderson Place [on our website](#).



We offer thanks to the sponsors of our agency, special events, and programs. Their generosity is noted with a diamond symbol in the [full gifts list](#) on our website.

Program Highlights

LifePath offers a wide selection of programs to meet the needs of older individuals and those living with disabilities to safely remain independent in their homes. LifePath employs 125 team members who collaborate with our corps of 250 volunteers, and TOGETHER, these individuals partner as a team to provide essential services to our community. Over the past year, a few remarkable highlights include:

Information and Referral

answered 10,260 calls

Long-Term Care

Ombudsman resolved 267 complaints

Meals on Wheels

provided 183,364 meals

Nurses

completed 777 eligibility screenings

Rainbow Elders

hosted 57 events

Rides for Health completed 190 round trip rides

SHINE: Serving the Health Insurance Needs of Everyone assisted 3,297 individuals

The Good Life was circulated to 27,682 readers



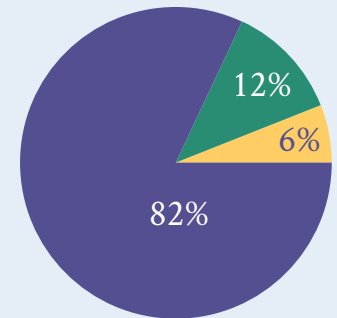
Another point of pride for LifePath is becoming the first nonprofit in Western Mass, and the first Aging Services Access Point (ASAP) in Massachusetts, to achieve certification as a Service Enterprise by Points of Light, the world's largest organization dedicated to volunteer service. LifePath now joins the top 11 percent of nonprofits nationwide recognized for excellence in volunteer management and organizational performance. Certification signifies that we have the capability and management expertise to collaborate with volunteers to improve LifePath's ability to meet its mission.

2023 Funders: Increasing Resources for Local Impact

Private foundations and funders offer another level of impact to LifePath programs and services, and ultimately, those we serve. We have gratitude for those foundations and funders that believe in what we are doing and have a stake in our outcomes. See the [full list](#) on our website.

Financial Report

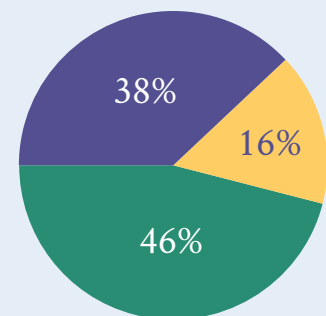
Revenues



- State: \$18,593,072
- Federal: 1,270,815
- Project Income/Local Sources: 2,737,891

\$22,601,778

Expenses



- Salaries & Benefits: \$8,633,344
- Programs & Supplies: \$3,601,403
- Purchase of Service: \$10,455,909

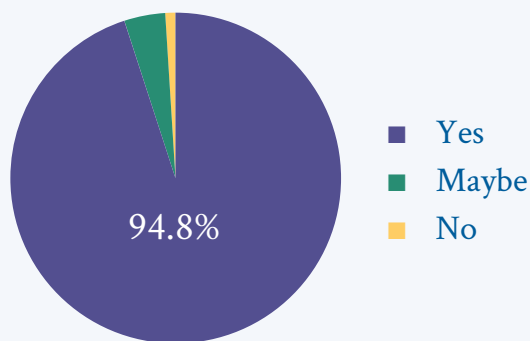
\$22,690,656

Meals on Wheels Drivers Help in an Emergency

One of the ways that LifePath provides essential support in our community is through our Meals on Wheels program. Our volunteer corps delivers meals to close to 500 persons each day, five days a week, with additional meals delivered to cover weekends. We have 53 drivers and 33 routes with anywhere from 15-20 home stops on each route. A key element of the meal delivery is also to provide a “wellness check.” The drivers must verify that the recipient is home to receive the meal and all looks well. Recently, Meals on Wheels driver Earl Harold heard a loud thud and a call for help as he approached a meal recipient’s door. The resident had fallen, broken her wrist, and couldn’t get her emergency alert button to work. Earl reached for the button, made the 911 call, and waited until emergency help arrived. This was the SECOND time over the past month that Earl provided this type of assistance as part of his day-to-day LifePath Meals on Wheels delivery service!

Read more about Meals on Wheels drivers helping during emergencies [on our website](#).

Would you recommend LifePath as a place to volunteer?



We are grateful to all the staff and volunteers who served this year. See the [full lists](#) on our website.



On July 26, Hugh Knox (left) and Trevor Boeding (right) each celebrated 15 years at LifePath during our annual Ice Cream Social & Milestones event.



Community members propose ideas for making our community more age-friendly at a June 2023 event. Kemah Wilson, right, steering committee and work group member; Lynne Feldman, center, Director of Community Services at LifePath.

In Memoriam

George LaCoy
Gretchen Smith

