

Living Well *with* Persistent Pain

Tuesdays, February 11–March 25, 3–4 p.m.

Live Phone Conference



Living Well with Persistent Pain provides information and practical skills that build self-confidence and help participants assume an active role in managing problems specific to chronic pain, including fatigue, frustration, and poor sleep.

For more information or to register, contact LifePath's Information and Caregiver Resource Center at 413-773-5555 x1230, info@lifepathma.org, or visit our website, <https://lifepathma.org/events-workshops/healthy-living-workshops>



Executive Office of Elder Affairs

